

Situation:

Narrator: Jacky, a food lover, is planning a grand celebration for his 15th birthday. Jacky and his friends are talking about what to eat in the party.

Scene 1:

Role: (A – Anson, B – William, C – Bosco, Jacky)

Location – Jacky’s Home

A: Jacky, your birthday is coming. We know that you love local food a lot. We should include these in your party.

Jacky: Sure! But what are my top 5 local food? Do you remember?

B: We all remember that! You have told us before. The 5th food - Stinky bean curd
Ew...We think it is too smelly! But you think it is aromatic!

C: No.4 - Wife cakes – filled with lotus paste and a crispy pastry. Wow! That’s divine! I know Jacky loves it with egg yolks!

A: No.3 – Egg Waffles – its shape is like an **egg. The crispiness is unforgettable. Can you imagine there are some flavours like Strawberry, Chocolate or...even kimchi!**

B: No.2 – Egg tarts – It is a custard tart in Hong Kong style. We cannot resist from its aroma and sweetness!

Jacky: I can’t wait to tell you. My number 1 food is Roast Geese and Pigeon! They are so juicy. I like them when they are a bit charred. Don’t say they are too greasy!

Scene 2:

Location – In the party...

Music: Happy Birthday to you...

Sound Effects: Lightning

Role: Maleficent – Kary, Jacky and Friends

(Boys dancing Happy Birthday to you...)

- Lightning -

Maleficent: Well...well... what a happy moment, Jacky.
I must say, I'm quite unhappy at not receiving an invitation.

Boys: Maleficent... you're not welcomed here!

Maleficent: Oh dear, what an awkward situation. To show I bear no ill will, I too shall give you a gift.

Maleficent: Listen well all of you... You shall indeed grow gracefully and happily... with your food!...But...Before the sunset on your 16 birthday, you will eat till death. A death which is caused by diabetes, high blood pressure and heart attack!

Boys: Oh no! Let's run!

(Maleficent laughs)

Scene 3

Role: Doctor E, Maleficent.

Location – In the party...

Doctor E: Maleficent, It's time to take your medicine!

Maleficent: No, Doctor E, they are not medicine, just some vitamin pills!

Doctor E: Yes, Vitamins is good for growth.

Maleficent: Why are they scared of me? I just want Jacky to stay healthy.

Doctor E: Why?

Maleficent: All of the street foods are too greasy, sweet, and high in cholesterol level.

Doctor E: That's true, but you can suggest him like this....You should eat more vegetables as they are rich in fibre. Jacky, you should eat drink more milk since they are rich in calcium. You can grow taller.

Maleficent: It really shows care to Jacky!

Doctor E: Last of all, you should do more aerobatic exercise to shed your weights first!

Doctor E, **Maleficent:** Anyway, we should have a balanced diet.

1D Class Presentation (Enjoy!)

Date: 20/5/2015

Topic: Food and Health

Adjectives for food:

smelly aromatic

crispy pastry

divine greasy

Health problems:

high blood pressure diabetes

high in cholesterol level heart attack

Nutrition:

rich in dietary fibre

rich in calcium

Exercises:

to shed your weight

have a balanced diet